

Student Health History

Check at right of each item. If "yes", explain as appropriate. All items require a "yes" or "no" response.

Explain any "yes" answers at bottom, attach a separate sheet, if necessary.

| | Yes | No | | Yes | No |
|---|-----|----|--|-----|----|
| Hospitalization (date, reason) | | | Have you ever had | | |
| | | | Migraines (diagnosed by MD) | | |
| | | | Epilepsy/convulsions | | |
| Operation (date, reason) | | | Paralysis or disability | | |
| | | | Thyroid problems | | |
| | | | High blood pressure | | |
| | | | Rheumatic fever | | |
| Serious accident | | | Heart murmur (diagnosed by MD) | | |
| Serious illness | | | Mitral valve prolapse | | |
| Emotional problem | | | Asthma | | |
| Psychiatric treatment | | | Colitis/ileitis | | |
| Other significant health problems (specify) | | | Irritable bowel | | |
| Communicable Diseases (give dates) | | | Hepatitis | | |
| Chicken pox | | | Kidney disease | | |
| Malaria | | | Back problems | | |
| Tuberculosis | | | Recurrent depression | | |
| Other (specify) | | | Anorexia/Bulimia | | |
| Do you have an Allergy to: | | | High cholesterol | | |
| Penicillin | | | Mono (diagnosed by MD) | | |
| Other antibiotics (specify) | | | Diabetes | | |
| Other medications (specify) | | | Exposure to Estrogen (DES) before birth | | |
| Life threatening reaction to insect bites, food, etc. | | | Current health problems | | |
| Do you carry epinephrine (Epi-pen)? (explain) | | | Are you currently in psychiatric counseling? | | |
| Do you currently take: (list at bottom of page) | | | Do you have a chronic disease? (identify) | | |
| Heart/blood pressure medications | | | Physical disability (type) | | |
| Tranquilizers | | | Learning disability | | |
| Insulin | | | Visual impairment (describe) | | |
| Antidepressants | | | Hearing loss | | |
| Allergy injections (see information sheet) | | | Hearing aid | | |
| Ritalin | | | Crutches, braces, or other prosthesis | | |
| Birth Control Pills | | | Loss of paired organ (i.e., one eye, one kidney) (which organ? which side?) | | |
| Other (specify) | | | Are you presently under treatment for any medical problem? (describe) | | |
| Lifestyle | | | Medications you expect to be continuing when you come to Fitchburg State (list) | | |
| Alcohol (ounces per week) | | | | | |
| Illicit Drugs | | | | | |
| Do you/have you smoked? Cigarettes per day/years smoking | | | | | |
| Do you diet frequently? | | | | | |
| Do you exercise regularly? | | | | | |
| Do you wear a seatbelt? | | | Have you been immunized with 3 doses of Gardasil? | | |
| Special diet restrictions (specify) | | | | | |

NOTE: Providers—please review with patient and provide (or attach) any pertinent medical information.

Healthcare Provider—please review and sign: _____

Family History

| | Age | State of Health | Occupation | Year & Cause of Death | Details/Comments |
|-------------|-----|-----------------|------------|-----------------------|------------------|
| Parent | | | | | |
| Parent | | | | | |
| Brothers | | | | | |
| Sisters | | | | | |
| Grandmother | | | | | |
| Grandfather | | | | | |
| Grandmother | | | | | |
| Grandfather | | | | | |

Have you or any of your relatives had any of the following?

| | Yes | No | Relationship | | Yes | No | Relationship |
|----------------------------|-----|----|--------------|---------------------------|-----|----|--------------|
| Arthritis | | | | Heart attack before 60 | | | |
| Asthma, allergy, hay fever | | | | Heart disease | | | |
| Bleeding disorder | | | | Nervous muscular disorder | | | |
| Breast cancer | | | | Stomach disease | | | |
| Diabetes | | | | Stroke | | | |
| Epilepsy, convulsions | | | | Tuberculosis | | | |
| Emotional disorder | | | | Other | | | |

Immunizations—Required by ALL students

To be completed by Healthcare Practitioner (dates must include month, day, and year)

Tetanus-Diphtheria

- Completed primary series of tetanus-diphtheria immunizations.
- Received tetanus-diphtheria booster within the last ten (10) years.

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

M.M.R. (Measles, Mumps, Rubella)

- Dose 1—immunized at 12 months or after
- Dose 2—immunized at least one month after dose 1

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

Measles (Rubeola)—If given instead of M.M.R.

- Immunized at least 12 months after birth or later.
- Dose 2—immunized at least one month after dose 1.
- Attach copy of dated immune titer.**

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

Rubella—If given instead of M.M.R.

- Immunized with vaccine at 12 months after birth or later
- Attach copy of dated immune titer.**

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

Mumps—If given instead of M.M.R.

- Immunized with vaccine at 12 months after birth or later.
- Attach copy of dated immune titer.**

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

Immunizations—Required for All Students

Hepatitis B Vaccine

Vaccine dates

- Test for Immunity (required for nursing students) **Attach copy of dated immune titer.**

| | | | | |
|--------|-------|-----|------|--|
| Dose 1 | | | | |
| Dose 2 | | | | |
| Dose 3 | | | | |
| | Month | Day | Year | |

Meningococcal Vaccine

- Vaccine Date
- Signed Waiver attached

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

Immunizations—Required if condition 1 or 2 below is true

Tuberculosis: PPD (Mantoux)

1. Required yearly for all Nursing Students

2. Required if you answered "yes" on TB Risk Questionnaire

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| Month | Day | Year | | |

- Result: _____ mm
- CXR: (within 1 year) Attach copy _____ + _____ -

If the student has had a positive tuberculin test, did he or she complete prophylactic medication? Yes No
 (*PPD required regardless of prior BCG inoculation)

Immunizations—Recommended for all students

Varicella Vaccine (Chicken Pox)

- History of disease
- Test of immunity: Varicella antibody. **Attach copy of dated immune titer.**
- Vaccine dose 1
- Vaccine dose 2

| | | | | |
|-------|-----|------|--|--|
| | | | | |
| | | | | |
| | | | | |
| Month | Day | Year | | |

Healthcare Provider—please review and sign: _____

Physical Examination

The FSC athletic trainer will have access to the health forms of students who elect to participate in athletics at Fitchburg State.

I have examined (Name): _____ **Date:** _____ and found the following:

Height: _____ Weight: _____ BP: _____ Pulse: _____ Respirations: _____

Vision—Without glasses: Right 20/____ Left 20/____ With glasses: Right 20/____ Left 20/____ Color vision normal: yes no

Hearing—Right normal: yes no Left normal: yes no Hearing aid: yes no

Laboratory tests (optional): Glucose: _____ HIV: _____ GM% Cholesterol: _____ mg%

Medication allergies: _____

List Current Medications: _____

Physical Exam (Subjective): _____

Abnormalities

| No. | System | Yes | No | List number and describe abnormality |
|-----|---------------------------------|-----|----|--------------------------------------|
| 1. | Skin | | | |
| 2. | Eyes | | | |
| 3. | Ears | | | |
| 4. | Nose, throat | | | |
| 5. | Neck, thyroid | | | |
| 6. | Lymphatics | | | |
| 7. | Chest, breasts, lungs | | | |
| 8. | Heart, rate/rhythm | | | |
| 9. | Heart sounds | | | |
| 10. | Abdomen, liver, kidneys, spleen | | | |
| 11. | Hernia | | | |
| 12. | Genitalia | | | |
| 13. | Pelvic | | | |
| 14. | Rectal | | | |
| 15. | Extremities, back, spine | | | |
| 16. | Neurological | | | |
| 17. | Psychological | | | |

I have known the applicant _____ years. The applicant is in excellent good poor health.

The applicant does does not have a loss of or seriously impaired function of a paired organ.

The applicant should should not have additional medical psychological evaluation therapy.

The applicant may participate in sports without a restriction with the following restrictions should not participate in sports

Restrictions/Reason for limiting activity or sports: _____

Plan _____

Signature: _____ **Print name:** _____
Healthcare Practitioner Healthcare Practitioner

Healthcare Practitioner's Address: _____

Healthcare Practitioner's Telephone: _____ **Fax:** _____